Removal Of A Mouth Lesion?

What Is Removal Of A Mouth Lesion?

Removal of a mouth lesion is a straightforward procedure in which a small abnormal spot or growth in your mouth is surgically taken out. These lesions can appear on your gums, tongue, or the inside of your cheeks and are usually non-cancerous. However, they may cause discomfort or affect your ability to eat and speak properly. At Birmingham Head and Neck Clinic, we use modern, minimally invasive techniques to remove these lesions safely and effectively.

Why Might A Mouth Lesion Need To Be Removed?

You might need the removal of a mouth lesion if you notice an unusual patch, lump or spot in your mouth that does not go away. Some common signs that suggest you may benefit from this procedure include:

- A persistent sore or growth in your mouth that causes discomfort
- A lesion that changes in size, shape or colour over time
- An area that bleeds easily or becomes irritated frequently
- Difficulty eating or speaking because of the lesion
- Concerns about the lesion being abnormal despite it being non-cancerous

If these symptoms are affecting your quality of life, it is important to have them assessed by an ENT specialist to determine whether removal is the right solution for you.

What To Expect During The Procedure

Before your procedure, you will have a thorough consultation with your ENT specialist at Birmingham Head and Neck Clinic. During this consultation, you will discuss your symptoms and your doctor will examine your mouth using a small camera or light. This helps to determine the size and nature of the lesion and tailor the treatment plan to your needs.

On the day of your procedure, you can expect the following:

- You will receive local anaesthetic to numb the area and ensure you remain comfortable throughout
- A small incision is made around the lesion to carefully remove it
- The removed tissue will be sent for laboratory testing to confirm its nature
- The procedure is minimally invasive and usually takes only a short time
- You may be awake during the process, with minimal discomfort experienced

This precise approach allows the lesion to be completely removed while preserving as much healthy tissue as possible.

Aftercare And Recovery

After the removal of a mouth lesion, you will be given clear aftercare instructions to support your healing and reduce any discomfort. It is important to follow these instructions closely to help prevent infection and ensure a smooth recovery.

You may be advised to:

- Rinse your mouth regularly with a saltwater solution to keep the area clean
- Avoid spicy, hot or hard foods that could irritate the treated area
- Take any prescribed medications as directed to manage pain or reduce inflammation
- Rest and avoid strenuous activities for a few days to allow proper healing
- Attend follow-up appointments so your progress can be monitored by your ENT specialist

During the initial recovery period, you may experience some mild soreness or swelling. These symptoms are normal and should gradually improve as your mouth heals.

Benefits Of Removal Of A Mouth Lesion

Having your mouth lesion removed can bring several benefits that enhance your quality of life. With successful treatment, you may experience:

- Reduced discomfort and irritation in your mouth
- Improved ability to eat, speak and smile with confidence
- A lower risk of infection or further complications
- Peace of mind from having any abnormal tissue safely removed
- Better overall oral health that supports your daily activities

These improvements can help you enjoy a more comfortable and active lifestyle.

Why Choose Birmingham Head And Neck Clinic

At Birmingham Head and Neck Clinic, you are cared for by experienced ENT specialists who use the latest techniques and state-of-the-art equipment to perform mouth lesion removals safely and effectively. We are dedicated to providing personalised care that meets your individual needs and ensuring you feel supported throughout your treatment journey. Our friendly team takes the time to explain every step of the process, so you are confident and well informed from start to finish.

Contact Us

If you have noticed an unusual spot or growth in your mouth or are experiencing discomfort, it may be time to consider the removal of your mouth lesion. Contact Birmingham Head and Neck Clinic today to book your consultation and take the first step towards improved oral health and a better quality of life.