Hearing Loss

What Is Hearing Loss?

Hearing loss is when your ability to hear clearly is reduced. It can develop gradually or suddenly, affecting one or both ears. There are different types:

- Conductive hearing loss: Caused by issues in your outer or middle ear, such as earwax build-up, ear infections, or fluid behind the eardrum
- Sensorineural hearing loss: Results from damage to the inner ear or auditory nerve, often due to ageing, noise exposure, or certain medications
- Mixed hearing loss: A combination of conductive and sensorineural loss

Symptoms To Look Out For

Common signs of hearing loss include:

- Difficulty following conversations, especially in noisy environments
- Asking people to repeat themselves frequently
- Increasing TV or radio volume higher than usual
- Struggling to hear phone conversations clearly
- Experiencing ringing or buzzing in your ears (tinnitus)

When Should You Seek Help?

Early intervention can greatly improve your quality of life. Consider seeking help if you experience:

- Noticeable difficulty hearing everyday conversations
- Sudden hearing loss in one or both ears
- Persistent ringing, buzzing, or humming in your ears
- Discomfort or pain associated with hearing difficulties

Investigations We Offer

Our specialists will thoroughly discuss your symptoms and perform diagnostic tests to determine the exact nature and cause of your hearing loss:

Hearing tests (audiometry)

Audiometry assesses your hearing levels by measuring your ability to hear different sounds and pitches.

Tympanometry

This test checks the middle ear function and detects issues like fluid build-up or eardrum perforations.

Imaging tests

In certain cases, MRI or CT scans may be recommended to investigate structural problems within the ear or auditory nerve.

Managing Hearing Loss

Our clinic provides tailored treatments to address your specific type and degree of hearing loss:

Hearing aids

Advanced hearing aids significantly enhance your hearing capabilities, helping you enjoy conversations and social interactions again.

Medical treatments

Conditions such as ear infections or excessive earwax are treated effectively with medications or simple procedures.

Surgical options

Some conductive hearing losses, like otosclerosis or eardrum perforations, can be improved through surgical interventions.

Cochlear implants

For severe hearing loss not helped by conventional hearing aids, cochlear implants can provide life-changing improvements.

How We Support You

At Birmingham Head and Neck Clinic, your well-being is our priority. Our ENT specialists and audiologists offer ongoing support and practical advice, empowering you to manage your hearing loss effectively.

Helpful tips for living with hearing loss:

- Reduce background noise when possible
- Face people directly during conversations
- Use visual cues and gestures to aid communication
- Regularly check and maintain your hearing aids

Why Choose Birmingham Head And Neck Clinic?

- Expert care: Specialist ENT consultants and audiologists with extensive experience in diagnosing and managing hearing loss
- State-of-the-art diagnostics: Access to advanced diagnostic equipment ensuring accurate assessment and effective treatment
- Personalised treatment plans: Treatments specifically tailored to your individual hearing needs and lifestyle

Book Your Consultation Today

Don’t let hearing loss isolate you. Contact Birmingham Head and Neck Clinic today for comprehensive hearing care and regain the clarity you deserve.

We’re here to help you every step of the way.